



	MON	TUE	WED	THU	FRI	SAT	SUN
6:05am	RPM	BodyPump (45)	RPM	BodyPump (45)	RPM		
7:15am		Mat Pilates		BodyPump HEAVY	Les Mills Shapes		
8:30am		Aqua Aerobics	Yoga	Aqua Aerobics	Aqua Aerobics	8:15am BodyPump	
9:15am	BodyPump	RPM	Blastr (45)	RPM	BodyPump		
9:30am						Blastr (45)	Les Mills Shapes
10:30am	Live Active		Live Active	Basic Step	Live Active	Yoga	
4:15pm	Les Mills Shapes						
5:00pm	Les Mills Dance (45)		Les Mills Dance (45)	BodyStep (45)	BodyPump HEAVY		
5:30pm	RPM		RPM				
5:45pm	BodyCombat (45)	BodyStep		BodyCombat (45)			
6:00pm					Body Balance		
6:30pm	BodyPump HEAVY Aqua Aerobics	Body Balance	BodyPump Aqua Combat	Mat Pilates			


## BActive Functional Training

	MON	TUE	WED	THU	FRI	SAT
6:15am			Aerobic			
8:30am	Resistance	Aerobic		Functional		Functional
5:15pm						

Don Reserve, Steele Street, Devonport, TAS 7310  
 Phone (03) 6423 3007  
[www.splashdevonport.com.au](http://www.splashdevonport.com.au)

Book your classes through the Active World App



 Please note we now welcome our Mums and Bubs to a wide range of timeslots and classes. Please see the front desk for more information on this.