



	MON	TUE	WED	THU	FRI	SAT	SUN
6:05am	RPM	BodyPump (45)	RPM	BodyPump (45)	RPM		
7:15am		Mat Pilates		Les Mills CORE (30)			
8:30am		Aqua Aerobics	Yoga	Aqua Aerobics	Aqua Aerobics	BodyPump	
9:15am	BodyPump	RPM	Blastr	RPM	BodyPump		
9:30am						Les Mills Dance (45)	
10:30am	Live Active		Live Active	Basic Step	Live Active	Yoga	
5:00pm			Les Mills Dance (30)	BodyPump (30)	BodyStep (45)		
5:30pm	RPM BodyCombat	BodyStep		BodyCombat (30)			
5:45pm			BodyPump RPM				
6:00pm					Body Balance		
6:15pm				Mat Pilates			
6:30pm	BodyPump Aqua Aerobics	Body Balance	Aqua Combat				

BActive Functional Training

	MON	TUE	WED	THU	FRI	SAT
6:15am			Aerobic			
8:30am	Resistance	Aerobic		Functional		Functional
5:15pm						

Don Reserve, Steele Street, Devonport, TAS 7310
 Phone (03) 6423 3007
www.splashdevonport.com.au

Book your classes through the Active World App



Please note we now welcome our Mums and Bubs to a wide range of timeslots and classes. Please see the front desk for more information on this.